

## 2019

Summer Kamp

## **Snack Menu**

Milk and Water will be offered at each meal.

Parents are responsible for bringing in Morning Snack and Lunch.

Some field trip days (noted in Welcome Email) parents must provide

Drink at lunch time.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Granola Bars and Fruit Snacks	2 Teddy Grahams and Carrots	3
4	5 Cottage Cheese and Crackers	6 Variety of Cereal and Milk	7 Go-Go Applesauce and Rice Krispie bars	8 Individually Packed Goldfish and Pretzels	9 Trail Mix	10
11	12 Pirates Booty and Fruit	13 Granola Bars and Fruit Snacks	14 Nutrigrain Bars and Go-Go Applesauce	15 Chips and Salsa	16 String Cheese and Crackers	17
18 *INDIVIDUALLY PACKED SNACKS	19 Gold Fish and Fruit Snacks	20 Pretzels and Apples	21 Carrots and Cheese-It's	22 Popcorn and Applesauce	23 String Cheese and Variety Pack	24
25 *INDIVIDUALLY PACKED SNACKS	26 Nutrigrain Bars	27 Granola Bars and Fruit Snacks	28 Pirates Booty and Apples	29 Rice Krispie Bars and Applesauce	VARIETY MIX	31