

## Notes from Our Feathered Friends

**Baby Chicks:** All the babies wish their dads a happy 1st Father's Day! We have loved this weather and getting outside on the deck to play and hear the birds chirping. We also enjoy seeing nature out on our walks. We have been continuing to work on lots of different skills; some are beginning to eat solids, which is exciting! Tessa, Wyatt and Beckett are all transitioning well to the Baby Chick family. Camille and Lincoln have transitioned very well to the Penguin room, as they were ready for some new adventures and more space to be mobile. We are sad to say goodbye to our friend Abe, as he will be leaving this month, but we wish him and his family the best on their new adventures and hope that they come back and visit. Thanks to everyone who took part in the conferences and to those who did not, no worries – we are always here to answer any questions you may have.

**Denguin**: If you haven't noticed, our room is bursting at the seams and quite busy! We welcomed two new friends from the Chicks class: Camille and Lincoln. They are both doing well and adapting to our room. We said goodbye to Emily who graduated to the Parrots class. She is doing great and loving her new adventures. We also welcome back Ms. Aubrey for the summer; you will see her lending a hand everywhere. She has worked with us in past summers and is also an EMT. Thanks to everyone for supplying sunscreen and sun hats so we can enjoy our deck and walks outside. Please remember to label your child's belongings to be sure they are returned to you. Happy Father's Day to all!

Parrots have been loving this beautiful weather and spending lots of time outside. In May, we had fun making our bulletin board of shapes and colors as well as learning about caterpillars and making gifts for our mommies. We have officially welcomed Emily T. and Romus (RJ) into our room, who each recently graduated from the Penguins. Our themes for June are Summer, Water, Father's Day, Beach and Independence Day.

**Parrots**: The Parrots are so excited to explore all things spring this month. We'll be busy talking about the different things we see in spring: birds, flowers, bugs and rain. We'd also like to give a huge THANK YOU to Pon-

ciano Canto (Aldo's dad) for constructing a box for us to experiment with planting. Our highlights from March were dying Easter eggs and dealing with that silly Easter bunny that hid some eggs on our playground. Please be reminded that we go outside every day, weather permitting, so please make sure your child has what they needs to be warm and comfortable on the playground.

This month our focus will be on bugs. Over the last few weeks we have noticed bugs crawling on the ground and flying in the air. On walks we have seen a lot of ants, so we'll focus on them first. We will test our knowledge and find answers to our questions: Where do they live? Are they strong? What do they eat? Where are they going? How long we discuss each bug will depend on our curiosity; some bugs may have a longer time in the limelight than others. Thank you, parents, for bringing your child's sunscreen; everyone's skin daily appreciates the extra love. On this note, we are making a special Father's Day item to show how much your child loves you back.

**Preschool:** We're sure you noticed lots of changes aoing on in our classroom: the room looks different, will be used a little differently, and has a different teaching team that is starting to use the project approach to the curriculum. More changes are coming soon: a welcome/daily job board, new center signs and name tags, a puppet theater, a flannel board, and more. Look for pictures on the website as changes happen; we will make sure to inform you what we are up to from week to week. Of course, our biggest change will be our big kids moving on to new adventures. We will miss them dearly but know they are ready for the next big thing. Our class will be a lot smaller, hopefully enabling us to do some activities that are hard to manage with a big group, such as nature walks, exploration off site, and walking field trips. Later in the month, we will welcome Roman to our group, and we will be exploring different activities and thoughts about farms. Please remember to bring in a family photo to display on our KTK family wall. We will also be talking about Father's Day and a bit about the 4th of July. Wishing all the KTK dads a wonderful Father's Day!



One of the little boys in preschool was explaining to his teachers that he was going to see his white grandma. When asking his parents about this, his mom reported that grandma's last name is White.

Ms. Sue asked one of the preschoolers what she was having for lunch. She quickly responded, "basketti!" (spaghetti).

One of the little boys said to his mom one morning, "Mom, why do you have that dress on? You're not a princess." The mom said she was offended, but also thought it was funny.

Dear Parents.

Summer is right around the corner! I can't wait to be having fun with the preschool this year. It's been a while since I've gotten to work with the kids and it will also be fun to work with Ms. Kristi again. This will be the last newsletter I edit as I turn the reins over to Ms. Amanda. I will still be available if needed, but future communications can be e-mailed to Amanda from now on. She will be the acting Director as of June and I will be the on-site Administrator and preschool teacher for the summer. Ms. Cassie from preschool will be heading up our summer kamp and new after school program at Highpoint Church.

Depending on how much fun I have this summer I just might stay in preschool indefinitely. I really enjoyed being in the Director role for the last ten years – getting to know all of the families and their children, learning the ropes, planning the parties but I miss being with the children who brighten up even cloudy days.

I hope everyone enjoys their summer and it lasts a long, long time!

Sue Schneider Koala-T-Kare Director



One of the preschool boys asked the teacher for some tape. The teacher asked, "How much do you need?' Very precise, the preschooler replied, "About an inch and a half."

Ms. Jessica was taking the cart to the little kids for lunch. Preschool was waiting in the hall to go to the bathroom. Taylor says "Jess, I love you with all my heart. Because you're the 'cooker' and bring me all the food!"







June 6: 1st of Ramadan June 14: Flag Day June 19: Father's Day June 20: Summer begins





June 2: Taylor

June 3: Melanie & Duncan

June 5: William

June 9: Philomena

June 14: Jacob

June 22: Alex

June 28: Martin

June 30: Romie

### Due in April:

Baby Brink Baby Wilson



# Nature of Peanut, Tree Nut allergies in Kilds Explored in Study

Source: parent.net

More than a quarter of the kids who are allergic to peanuts are also allergic to tree nuts, such as almonds and walnuts, according to a study by researchers at Mount Sinai Medical Center in New York.

The study, perhaps the most comprehensive concern-

ing the rising incidence of peanut and tree nut allergies, also found that the average age of initial discovery for the allergies is age 2 for peanuts and age 5 for tree nuts. And the study, which was published in the July electronic edition of the journal Pediatrics, shows that 89% of the allergic reactions occur on the skin, 52% occur in the respiratory system and 32% occur in the gastrointestinal tract.



Of the 122 children who were studied by the

research team, 68 reacted only to peanuts – which are legumes and not nuts – and 20 only to the tree nuts. And while only about a quarter of the kids were allergic to both, doctors believe parents should play it safe – the allergies can, in extreme cases, result in death.

"Although it may be overly restrictive, we and others advise complete avoidance of TN (tree nuts) by PN (peanut)-allergic children, except for any particular TN that was tolerated previously," the researchers write. "Reasons for this recommendation include the concern that TN sensitivity appears to be severe and lifelong, that there is a potential for cross-contamination of TN products with PN and, finally, that it often is difficult to identify specific nuts in various processed foods."

Indeed, about 55% of the kids allergic to peanuts and 30% of those allergic to tree nuts experienced accidental exposure to them. Most commonly, those accidents occurred at schools, and were a result of either sharing food with friends, hidden ingredients in their own food, cross-contamination with food products containing the allergen, and school craft projects using peanut butter. The researchers say accidental exposure also occurs at home and in restaurants – particularly Asian restaurants

in which peanut oil is sometimes used as a frying agent. About 83% of the kids with either peanut or tree nut allergies were breastfed – above the average of about two-thirds of children. The researchers also found that more than 90% of the breastfeeding mothers ate either peanuts or tree nuts during the lactation process.

So far, there is little medical science has been able to do for the people with the allergies; immunizations developed thus far have side effects more dangerous than the allergies themselves. "The only current treatment for these allergies is strict avoidance of the offending food and prompt recognition and treatment of reactions," the researchers write. "These findings emphasize the need for education of families, patients, caregivers and health care workers in PN and TN avoidance and treatment of reactions."







# Happy Father's Day!



## Hews from the Kitchen

Happy June everyone! Summer is about to be officially here. It's been great being able to be outdoors and spend time with family and friends. This month we celebrate Father's Day on Sunday, June 19. Be sure to do something special for all of the fathers or father figures in your life!

This month KTK will be holding our annual Family Picnic on Wednesday, June 15. We will be providing grilled hotdogs and condiments, sloppy joes, lemonade and water. We would love to have all parents and children attend this fun family get together! We will have signup sheets in each classroom for dishes to pass. We will be sending out an email with all the details very soon. We look forward to seeing you all and enjoying an evening of fun and food!

I hope everyone has a wonderful start to summer!









Grilled Hot Dogs, Sloppy Jo's and Drinks will be provided.
Please bring a dish to pass.

(Signup sheets in every classroom).